

Joany SPIERINGS



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Psychologist and a Psychotherapist – The Netherlands

Drs. Joany Spierings (1954) is a Psychologist and a Psychotherapist, working in the Mental Health Service for 37 years, specializing in complex trauma and complicated grief.

She is the team coordinator of the Trauma team of GGZ Oostbrabant. She is a teacher in post-academic training, and a presenter at many national and European EMDR-Conferences. She has taught in over 25 countries worldwide.

She is involved in EMDR since 1994, she is a senior supervisor (Consultant) and EMDR supervisor trainer.

She is a founding member of EMDR Europe and the Dutch EMDR Association, and vice-President of the Humanitarian Assistance Program, HAP-Europe.