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Ad de Jongh, Ph.D. is clinical psychologist, professor of anxiety and behavior disorders at the University of Amsterdam and honorary professor in psychology at the Institute of Health and Society of the University of Worcester. He is co-director in the Psychotrauma Expertise Center (PSYTREC), a mental health institution in Bilthoven that uses a short, and highly intensive treatment program for Complex PTSD. He is approved trainer for the EMDR Europe association, board member of the Dutch EMDR Association (VEN), and the EMDR Europe Association. He conducts research on the efficacy of evidence-based, trauma-focused treatments for a wide variety of patient groups, including traumatized children, people with intellectual disabilities and with other psychiatric conditions. He (co) authored more than 300 scientific articles/book chapters and 6 books on his areas of expertise.