

ABSTRACT

Over the course of our clinical experiences as EMDR practitioners but also through our very own therapies, we often try to understand the impact of precocious traumatic imprint and how it was reprocessed by patient when it occurred in its repetitive and profound form. We have been frequently impressed by all the information we could get from the preverbal stage and the great impact it had on our patients. However, mental blockages coming from the precocious stage often revealed themselves, and couldn't not be unblocked in spite of the treatment.

Assuming memory is « fed from our past », we came to question its transgenerational dimension. How can we link precocious imprint and transgenerational trauma? Is there any interest to explore the question? How can we proceed in accordance with the EMDR standard protocol? How can we have access to those blocked and yet passed on information ? How can we tell the difference between what belongs to our life and what was triggered by the previous generations?

Our experiments and our various observations led us to introduce you to a consistent protocol which proved itself effective on patients with complex trauma.

Beyond this protocol, we'll present our progress through clinical cases. During this workshop, we will link the reprocessing of precocious traumatic imprint to its trans- and inter-generational dimension in order to provide practitioners with tools and a methodology.