

Presentation at EMDR 2018 congress in Stasbourg

Case presentation:

“Working with the CravEx EMDR Add-protocol exemplified in work with a client with Sex- and Love Addiction”.

The CravEx EMDR Add-prot was constructed and researched upon by Michael Hase, OFA d.R., EMDR senior trainer, Germany (Hase et al, 2008).

In this presentation the utility of the protocol will be showed and the use exemplified in a case with a man suffering from sex- and love addiction and how it helps him reduce craving of acting out his urges for sex. The case will be presented and an excerpt of video of the actual work will be shown to illustrate the use of the protocol.

It will give the attendees a chance to learn about this useful protocol and see hands-on work with it. The objectives is for attendees to learn about the protocol and how it can be a very useful tool in EMDR treatment with clients with addiction.

Michael Hase has agreed to co-present.

Hase, Schallmayer & Sack (2008) EMDR reprocessing of addiction memory; Pretreatment, Posttreatment and 1 month follow up, Journal of EMDR practice and research, volume 2, number 3.